

# GOING DIGITAL *Digital Mammography Is Available At Baylor Plano.*



“In layman’s terms, digital technology computerizes the X-rays,” explains Lynn Canavan, M.D., a breast surgeon on the medical staff at Baylor Regional Medical Center at Plano. For most women, digital and film mammograms give similar results. But digital mammography is better than traditional mammography for women who are under age 50, those who have dense breasts, and those who are pre-or peri-menopausal. Recent studies show that fewer women are getting mammograms than they were five years ago. That’s discouraging news since doctors stress that the most important thing for women age 40 and older is to have regular mammograms whether film or digital.

Digital mammography offers these benefits:

- The radiologist can adjust the brightness, contrast, and zoom.
- Images are ready in seconds.
- Digital images typically aren’t under- or overexposed.
- Digital images are easy to store, access and retrieve electronically.
- Digital mammograms use a lower dose of radiation.

To schedule a digital mammogram at the Baylor Women’s Imaging Center at Plano, call **469.814.5000**.

For a free breast cancer risk assessment, call Emily Gentry, Baylor Plano Women’s Services Coordinator, at **469.814.6753**. [W](#)